

## Child Behavioral Checklist

Child's Name \_\_\_\_\_ Age \_\_\_\_ Grade \_\_\_\_  
Form completed by \_\_\_\_\_

### Problem Behaviors

Please indicate the severity of these problem behaviors if you have seen or experienced them in your child in the past three months.

0 -- Not at all    1 -- Rarely    2 -- Sometimes    3 -- Often    4 -- Most of the time    5 -- All of the time

- \_\_\_\_\_ Feels sad or depressed
- \_\_\_\_\_ Feels anxious or nervous
- \_\_\_\_\_ Problems with eating (lack of appetite, overeating)
- \_\_\_\_\_ Excessive preoccupation with video game/movie characters
- \_\_\_\_\_ Arguing with others (peers, teachers, parents, authority figures)
- \_\_\_\_\_ Hurting animals
- \_\_\_\_\_ Problems with sleep (going to sleep, sleeping all night, too much sleep, refusal to sleep alone)
- \_\_\_\_\_ Nightmares
- \_\_\_\_\_ Excessive energy or difficulty being still
- \_\_\_\_\_ Bedwetting
- \_\_\_\_\_ Says that people, family, etc. would be better without him/her
- \_\_\_\_\_ Sets fires
- \_\_\_\_\_ Violent outbursts (throwing, breaking, or destroying objects)
- \_\_\_\_\_ Self destructive behavior (cutting or scratching him/herself)
- \_\_\_\_\_ Getting into verbal or physical fights
- \_\_\_\_\_ Talks of death
- \_\_\_\_\_ Running away or threats of running away
- \_\_\_\_\_ Urination or bowel movements in pants during the day
- \_\_\_\_\_ Bullying or being bullied
- \_\_\_\_\_ Verbal attacks on others
- \_\_\_\_\_ Worries that something bad is going to happen
- \_\_\_\_\_ Lies
- \_\_\_\_\_ Breaking rules (Sitting in desk at school, bed time, etc.)
- \_\_\_\_\_ Lonely or complains of not having friends
- \_\_\_\_\_ Unrealistic fears (using public bath rooms, ghosts, blood, being abandoned, etc.)

### Functioning Levels

Rate the level of functioning you have observed in your child in the following areas.

0 – Extreme trouble    1 – Quite a few troubles    2 – Some troubles    3 – Fair    4 – Doing very well

- \_\_\_\_\_ Expresses emotions appropriately
- \_\_\_\_\_ Is motivated and finishes projects and assignments
- \_\_\_\_\_ Completes household chores and responsibilities
- \_\_\_\_\_ Attends school and is making passing grades
- \_\_\_\_\_ Thinks clearly and makes good choices
- \_\_\_\_\_ Gets along well with family
- \_\_\_\_\_ Gets along well with friends
- \_\_\_\_\_ Is able to concentrate, pay attention, and follow through on tasks
- \_\_\_\_\_ Participates in recreational activities with peers
- \_\_\_\_\_ Accepts limitations and responds appropriately when told "no"
- \_\_\_\_\_ Does things independently without supervision
- \_\_\_\_\_ Positive self-esteem

